

SEBAGO'S ALL CLUB INVITATIONAL

Saturday July 17th 10am -5pm Rain or Shine

*Explore the Bay on your own (**CHARTS PROVIDED**)
or join Sebago members on a guided tour of the Bay.*

**(ALL HUMAN POWERED BOATERS
ARE RESPONSIBLE FOR THEIR OWN SAFETY)**

GUIDED TRIPS:

10:30 AM - Kayaking, Intermediate kayakers. Take a tour of the far reaches of the Bay, North Channel, Broad Channel and around. **Approx 4-6 hours 15 miles**

10:45 AM - Sailing (Laser, Sunfish) Ride the wind out towards Elders Marsh and see the Bay as you glide on the currents. **Approx 3-4 hours**

11:00 AM - Kayaking Beginners, Take a look at the first island in the Bay by going around Canarsie Pol. **Approx 2 hours 5 miles**

11:00 AM - Rowing, Tour the bay by rowing your Whitehall or rowing skull

11:30 AM - Kayaking, Advanced Beginners, Cross the channel and go around Ruffle Bar as you see the airport and the Rockaways. **Approx 3-4 hours 8 miles**

11:45 AM - Kayaking, Advanced Kayaking Take a tour towards the East Side of the Bay and see the marshes behind Canarsie Pol and Ruffle Bar. **Approx 3-4 hours 8 miles**

Noon: - Canoeing, Beginners, Explore the bay in your canoe as you leisurely look at the birdlife, Wonderful photo opportunity. **Approx 3 hours 8 miles**

12:30 PM - Kayaking, Intermediate, Take a tour of the West end of the Bay, See NYC Helicopter station, Go to where the currents hit the sea wall and come at you from 3 directions. **Approx 3.5 hours 8 miles**

1 PM - Kayaking, Beginners, Take a slow tour of the salt marshes as one of bird experts shows you the bird life in the bay. **Approx 3 hours 4 miles**