

SEBAGO CANOE CLUB E B L A D E

The official electronic & printed newsletter of the Sebago Canoe Club in Brooklyn, NY

kayaking, canoeing, sailing, racing, rowing

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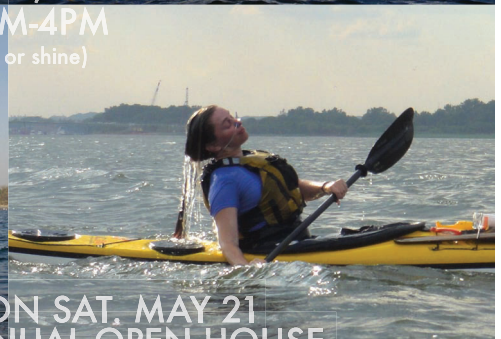
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MAY 21, 2011

10AM-4PM

(rain or shine)



JOIN US ON SAT. MAY 21
FOR OUR ANNUAL OPEN HOUSE
FOOD, KAYAK AND CANOE TRIPS, SAILING RIDES



COMMODORE'S REPORT

By Tony Pignatello



I'd like to welcome you all to a new season with a new Commodore-in-training. After running a tough campaign and winning a close election (I won by the narrowest of margins), I must say that the reality of being Commodore does not match up to the ideal of being Commodore. I was a bit overwhelmed at first but now that the season has started in earnest I can see that I'll soon be completely swamped. Enough about me; let's talk about the club.

I think 2011 will be a transitional year for Sebago. I'll let the various committee chairs tell you about the specific things that they are doing. I just want to give a macro view. The most obvious change is the clubhouse. It's still a work in progress but even now it's a big improvement over the old one.

We used to have a grant committee of one person. We now have what I call "The Magnificent Seven" applying for grants. If you have a particular passion, let them know. They will help make your dreams come true.

The membership committee once had five people involved. They have doubled in size and are determined to set new membership records.

I want to improve the very successful Youth Program and make it better. The grant committee has secured a grant for a learning center. We plan to have educational classes in addition to the kayaking classes. We hope to bring in professional educators to teach the kids about the environment.

The sailing committee expanded greatly last year. I'm sure Jim and Holly will continue the momentum they started.

The kayakers have set an ambitious goal. This year we'll have more paddles and more instruction than ever. We will have more certified instructors and better equipment.

The canoe committee has doubled in size. You can expect to see more family-friendly activities this year.

The gardening committee has also doubled in size. I'm

sure the club will be more aesthetically pleasing this year.

Some of the older members may have noticed that the dues bills went out much earlier this year. From what I can see a lot of people have already sent in their payment. If you haven't sent it, please do so. If you don't plan to rejoin please let me or Zach Abrams know.

All this would not be possible without you, the members. We are an all-volunteer club.

I have never seen an organization with a more dedicated and altruistic group of members.

Thank you for making Sebago the "Gold Standard" to which all the other clubs aspire.



ROWING REPORT

By Joe Romano



Well, I'm glad we're getting out on the water again. With the bad winter weather, I think it was the longest period that I wasn't on the water at Sebago. When I finally got down to the club on April 9 to do some work on the safety boat, I immediately went over and opened up the rowing container to check out the dusty sculls, the oars and the cart used to take the sculls down to the water. Everything looked like it would be ready to go with a little cleaning and lubricating. The ghosts of former Sebago rowers had taken good care of their legacy. I was also happy to see we might realize some revenue from acting as a storage container for other Sebago equipment and lumber.

I haven't scheduled any special days for providing rowing assistance and guidance. Just email me, at jjromano@prodigy.net, and we'll arrange a mutually convenient date for me or one of the other rowers to meet you at the club and help you get started. Of course we'll be at the Open House. Rowing is a fun, healthy activity in itself, or as an occasional alternative to whatever other Sebago activities you engage in.

We look forward to seeing you soon.

ATTENTION CANOEISTS AND THE CURIOUS!

On June 26, the Canoe Committee has arranged with the Parks Department to take a canoe trip down the Bronx River, the only navigable river within NYC. This trip is aimed at families, so bring the kids and grandkids for a unique trip that will take them right through the Bronx Zoo. This beginner-level trip is open to Sebago members and their families, including people who are normally kayakers and sailors. The Bronx River Alliance sponsors these trips and they always are full and hard to get into.

For more information, to volunteer and to register, please contact Dan Olson at 718.551.8244 or danolson98@aol.com. Also contact Dan if interested in other canoe and family-oriented paddling activities.



CRUISING COMMITTEE REPORT

By Tony Pignatello

We hope you all had a pleasant winter. The committee has been busy over the past few weeks getting ready for our 2011 season. I'm very pleased to announce that "Pinky and the Brain" have been joined by Chris Russo, Bonnie Aldinger, Quint Klinger and Steve McAllister. We will be doing trips both within and outside the city limits.

We'll do a moonlight trip to Brooklyn Bridge Park, trips to Cold Spring, the North Fork of Long Island, Swinburne Island, Fire Island, City Island and many other destinations. Most of our trips are for advanced-beginner and intermediate paddlers.

If you don't own a kayak it may be a good idea to buy a set of foam pads for the top of your car or make nice with someone who has a car and an extra kayak rack. Because of our large number of trips, those of you who need a club boat will be responsible for arranging transportation for it.

We invite the new members to join us and see what a friendly and exciting club we have.



KAYAK COMMITTEE REPORT

By Walter Lewandowski



It has been a long, cold winter, yet thankfully spring has arrived and we are full of anticipation for another great season of paddling at Sebago. Many members have committed their time over the past few months to help develop an ambitious schedule of paddling for club members. Keep checking the Sebago Facebook page and blog for all planned activities.

We currently have six ACA-certified kayak instructors and there are four additional members taking courses this spring to become ACA-certified to offer paddling instruction to our members.

Being an instructor at Sebago means these members have dedicated their time to develop teaching and paddling skills, knowledge of navigation and of risk management to a level allowing them to pass the same certification process as professional instructors. Instructors are required to attend First Aid and CPR classes and ACA instructor update courses to maintain their certification.

Our Sebago kayak instructors do this because they enjoy helping develop members' paddling skills and are willing to spend their time helping to make Sebago one of the best ACA Paddle America Clubs. I encourage all members to take advantage of the instruction available at Sebago to improve as paddlers and venture beyond the waters of our pleasant Jamaica Bay. These classes provide a wonderful benefit to members not available at most other clubs.

This season, an instructor will be available at the club most weekends to lead a club paddle and mentor paddlers, working on whatever skills are appropriate for the group. Times and plans will be announced on the club Facebook page and blog as well as the Google calendar and email list.

Some very exciting kayaking trips are being planned for this year. One trip I am really excited about is a Sebago mini symposium starting

Friday, August 12 at Orient Point. Classes and paddles will be offered at all levels. Paddlers can come one, two or three days and camp out or stay at a motel. Those who cannot secure a ride can take the Long Island Railroad. This trip will even offer an evening on-land excursion to the nearby Custer Observatory to view the nighttime skies. Details will be published soon and paddlers will need to sign up early since space will be limited and open to other area clubs. Be sure to read the Cruising Committee's report for more of this year's many trip highlights.

Speaking of trips, this year the first Sebago Trip Leader Workshops are scheduled for June 18 & 19 at Jamaica Bay. Attendance is only required for one day. Saturday and Sunday are being offered to allow members some flexibility. Candidates should already possess a basic knowledge of both assisted and unassisted recovery techniques. The workshops will refine your skills and focus on group management and risk assessment skills. This is a great way to do what you love and earn work hours.

Sebago has been lucky the last few years to have Marcus Demuth as a member. Marcus is an internationally known expedition kayaker who has recently devoted some of his time promoting Sebago at both the New Jersey Paddlesport Show and the East Coast Canoe & Kayak Festival. Marcus is moving to Wales, UK and has opened a guesthouse offering top instruction in the spectacular waters around his new home. We wish him well but will miss him from the New York paddling scene.

Let us have a good, safe paddling season and keep our paddles wet.

JAMAICA BAY 2011 HOLIDAY KAYAKING TRIPS

By Phil Giller

The Sea Kayak Committee will be offering trips on holidays this season, including Memorial Day, July 4 and Labor Day. Come explore Jamaica Bay when everyone else is out of town. Assistant leaders are still needed for the trips listed below; if you would like to help please contact Phil Giller (briogg@yahoo.com) or Walter Lewandowski (kayaker824@gmail.com).

Exciting news for paddlers this summer and fall who want to stretch their boundaries: we are offering both beginner and extended Jamaica Bay trips. We will have a beginner paddle on the day after ACA Level 1 classes are taught to give the members who took those classes a real-life chance to practice what they have learned. Our extended paddles will help increase your skills and endurance so that at the end of the paddling season you are ready to kayak to Gerritsen Inlet and Plum Beach, a 14-mile round-trip adventure.

If you're a Sebago club member who cut your teeth on Saturday and Wednesday paddles, and you're ready for more of a challenge, come along on this series of longer trips around Jamaica Bay. Extended J-Bay trips are a great opportunity for paddlers who want to see more of the hidden wilds of the bay.

You will need to PRE-REGISTER FOR ALL TRIPS by calling Phil Giller at 718-354-6141 or emailing briogg@yahoo.com.

All trips are subject to change or cancellation due to weather, water conditions or other circumstances beyond our control.

The following trips have been planned so far, but others might be added later. Please check the Google calendar on our website for the most up-to-date trip information.

PLEASE READ REQUIREMENTS FOR ALL TRIPS:

Monday, May 30, Memorial Day, noon. Explore Mill Basin in this leisurely three-hour paddle. It's a great trip for a beginner if you are going to take an ACA Level 1 class. See million-dollar homes; practice your forward stroke and sweeps. You may even get to rescue a fellow club member. DRESS APPROPRIATELY; the water is still very cold, and wetsuits are recommended.

Leader: Phil Giller.

Monday, July 4, Independence Day, 7 p.m. Join us for a paddle out toward Ruffle Bar. If the weather is clear, you can see the fireworks from all three barges in Manhattan. This trip requires advanced-beginner skills, including ability to do a wet exit. Must be able to do group rescues and have boat-handling skills. ACA Level 1 and Level 2 REQUIRED and YOU MUST HAVE LIGHTS. Trip is about 3 ½ hours. There is a possibility that Breezy Point will be holding a very large fireworks display this same day. If it does we will plan a trip that leaves from Plum Beach. Look for info on the club's Google calendar as the date gets closer.

Monday, September 4, Labor Day, 10 a.m. Gerritsen Beach au Naturel. Intermediate; ACA Level 2 minimum, plus kayak rescue and safety. Requires the ability to do a wet exit and group rescues. You must have boat-handling skills, and you must have paddled on a trip of at least 10 miles. This trip takes about six hours. Gerritsen Creek has been home both to a bayside community of fishermen and dumping grounds for old boats. Now cleaned up and revitalized, its scenery is stunning and includes a new nature center. But don't worry, it isn't sanitized; you can still take in a few hulks of rusting wrecks while gazing at egrets.

Leader: Phil Giller.

The Wharf Restaurant, date TBD, either a Saturday or Sunday at the end of July or beginning of August. This trip is for advanced beginners. Must be able to do a wet exit, group rescues and have boat-handling skills. ACA Level 1 and Level 2 REQUIRED. Trip is about 4 ½ hours. We'll swing west of Canarsie Pol toward Ruffle Bar, and then due south to the Rockaways and have lunch at the Wharf. Half the fun is walking across the kayaks to get up on their dock. (OK we might beach-land that day.) Good fun and a vigorous paddle! What more could you ask for?

Leader: Phil Giller.



SEBAGO SAILING REPORT

By Jim Luton and Holly Sears

We've started the 2011 season at full speed and, you may have noticed, with a new official name. SailCom is now Sebago Sailing. Ted Kremer over in Laser 8 calls us "Team Sebago," but all of our official correspondence uses the new name.

Some of us stayed in the hiking straps all winter. Tracy Kornrich participated in Seawanaka's frostbite series this year, and Chris Bickford and Bonnie Aldinger sailed off and on throughout the colder months.

After two busy workdays in April, most of our fleet is up and running, and much improved. Thanks to Don Campbell and John Decker for their leadership, and also to all the members who helped: Bob O'Neill, Ramona Rottkamp, Nathan Langford, Kaki McCauley, Patrick Thrasher, Matthew Peverly, Holly Sears and Jim Luton.

Still to come is the 420 renovation, and we hope to have her up and running in June (David, Justin - she needs a name!).

Sailors, let's take care of our boats on and off the water, to keep the required maintenance to a minimum.

On Saturday, April 23, at our Season Opener, Justin Steil will be conducting a Race Tune-Up and Tactics Workshop. We will discuss strategy and boat handling and follow up with some on-the-water training.

On May 7 we will be hosting our 3rd annual Spring Laser Regatta for Laser District 8. We look forward to this event and, with our new members and new skills, we hope one of our sailors will keep the "trophy" at Sebago. The event is open to all Laser sailors.

We will be sporting a new Sebago Sailing hat with the newly designed Sebago burgee on the front, and "Sebago Sailing - Brooklyn NY" on the back. They're on sale for \$15. Let us know if you would like one.

In mid-May, Sebago Sailing will be hosting a New York State Boating Safety Certificate class at Sebago. This class is the requisite first step for individuals who would like to help the club by running the safety boat for certain events. Contact David Cripton if you would like to participate (fee TBD).

Already we have some new boats in our fleet. John Decker just acquired an almost-new Vanguard 15, a first for Sebago. John, you've got plenty of crew volunteers! Congratulations!

We also look forward to the acquisition of a



newish (mid-1990s) Sunfish for our growing fleet. "Baby Blue" is the newer type Sunfish, with the rolled deck-edge and racing rig.

At the club Open House on May 21, Sebago sailors will be on hand to take interested members and visitors out on rides. This is a great opportunity to talk to our members, see what sailing in small athletic boats is about, check out the club and enjoy our waterfront.

On June 11-12, we will hold our annual Sailing Clinic. The clinic involves two days of classroom and on-the-water instruction using the



club Sunfish, with one instructor for each student. This has become an extremely popular event and this year the class filled within days of the announced date. This is a very high-quality, basic course for dinghy sailing.

On June 19, for the second year in a row, we will hold our Kid's Sailing Relay event. Tracy Kornrich is spearheading this event, and has already started filling the spots. Adult skippers and kid crew get together and sail a relay course from our favorite beach spot on Canarsie Pol. This is a FUN event, and no one stays dry!

Even though most of us go sailing at every opportunity, our monthly Scheduled Cruises remain a popular event for all of our sailors. We all meet at the dock, on time and rigged, then cruise all over Jamaica Bay, stopping at one of our beaches for a little lunch and socializing. This is also an opportunity to try our hand at different boats off the beach, discuss sailing technique or boat design, or anything else for that matter.

After lunch, we continue cruising the bay and then head back home. Cruise dates and times are selected around favorable tides. This year we have picked June 26, July 24, and August 28. Check the calendar on the website sebagocanoecub.org/sailing.html for more info.

We have decided to change our normal Thursday-night racing schedule this year. Rather than scheduling a race every Thursday, we will use the Google sailing list to communicate with each other, and get together on a more informal basis. The Sebago Sailing chairs will not manage these events. Sebago Sailing members will have to work this out on their own. But we will also have multitudes of other impromptu



events - from casual weekend racing or cruising, to training workshops - throughout the summer. All communication will channel through our Google mailing list.

On August 28, David Crompton will conduct our 2nd Race Tune-Up and Tactics workshop in preparation for the Fall Race Series and the Sebago Cup race.

The Sebago Cup, for those of you who don't know it, is a wonderful open-class, cruising-style race. We sail over a fairly long - eight miles or so - designated course throughout Jamaica Bay. Last year we had steady 18 to 20 knot breezes, with 20-minute-long planing reaches!

This year's Cup is scheduled for September 4. The Sebago Cup used to be our end-of-season race, but for the third year now it is just the beginning of our Fall Race Series, which starts on Sunday, September 18, and continues for seven Sundays through September and October. The Fall Series is open to all area Sunfish/Laser Sailors, not just Sebago members.

And don't forget our club Annual Meeting day on September 11. We have the Sebago Sailing committee meeting at 11 a.m. and our club Annual Meeting at 2 p.m. We encourage all of our sailors to please, please come and show your support for our wonderful club.

We're looking forward to a fabulous season. See you on the water!



SEBAGO CANOE CLUB CABIN AT ACA CAMP ON LAKE SEBAGO, HARRIMAN STATE PARK

Directions to ACA Camp:

Take the New York State Thruway north to Exit 15A, Sloatsburg/Suffern. Take Route 17 north to Seven Lakes Drive. Turn right and go exactly 3.2 miles. After you have passed the entrance to Harriman State Park, the ACA camp will be down the first road on your left. The sign says SB2: ADK and Nawakwa. If you are on Seven Lakes Drive and you see the lake on your left, you have passed the entrance to the camp.

Fees for ACA Camp:

	Season Pass	ACA Members Guest fees per day	NON ACA Members Guest fees per day
Adult 18 and over	\$65	\$8	\$12
Senior over 65	\$50	\$8	\$12
Junior under 18	\$30	\$3	\$5
Family maximum (two adults plus children)	\$125	\$20	\$30

To download an application for a season pass, visit aca-atlanticdivisionblog.com/wp-content/uploads/2011/03/canoesport2011web1.pdf or see camp director Linda Peterson in cabin C-25, up the hill.

Rules for ACA Camp:

You MUST SIGN IN and PAY ACA CAMP FEES at the Pavilion at the top of the hill each and every day you are there.

NO PETS are allowed in the ACA Camp.

Get a key to the camp gate by showing your ACA membership card at the hardware store in Sloatsburg, or at Sterlington Station, the deli on Seven Lakes Drive at the entrance to Harriman State Park.

Fees for Sebago Canoe Club Cabin:

Day use fee: \$5 per person or \$10 per family.

Place payment in box in cabin, using envelopes provided.

Rules for Sebago Cabin:

Day use fee is required for anyone using the club boats kept at Lake Sebago.

Reservations are required for overnight stays. Contact Mike Boxer, racing@sebagocanoecub.org, for overnight reservations.

Senior members may have a key to the cabin. Contact racing@sebagocanoecub.org to request a key.

Remember to SIGN IN at the CABIN, noting your dates of arrival and departure. The fees and sign-in are IN ADDITION to fees and sign-in for the ACA CAMP. You MUST PAY your ACA CAMP day usage fee separately from your payment for using the CABIN. We cannot do it for you.

Additional Rentals at ACA Camp:

For information on how to rent one of the four cabins and a ground camping site available at the ACA camp, visit aca-atlanticdivisionblog.com/aca-rental-cabins-at-lake-sebago/.

Member names for senior membership consideration:

Justin Steil

Sebago Hats and T-Shirts

\$12 for Sebago members

\$15 for non-members

Contact Tony Pignatello at

PickSix929@aol.com to order.

WHERE THE ACCESS IS

By Gary Gorman

Traveling this summer? If so, here are links to some good websites about where to find boat launches, either across the country or nearby in New York or New Jersey. Expand your horizons, and have some fun, by paddling some unfamiliar waters.

Paddle, Kayak, Canoe in the U.S., by state:

borntopaddle.com/placestopaddle.php

Jersey Shore Sea Kayak Association Launch Site Directory:

jsska.org/launchsites/index.shtml

New York State Boat Launching Sites, by county:

dec.ny.gov/outdoor/7832.html

FUN KAYAK QUIZ

By Gary Gorman

Here's a quiz to test your knowledge of the wide world of kayaks. Hope somebody has the answers. Questions 1-10 apply to single-cockpit kayaks, and not the sit-on-top type.

- 1) What is the longest kayak made?
 - 2) What is the shortest kayak made?
 - 3) What is the heaviest kayak made?
 - 4) What is the lightest kayak made?
 - 5) What is the widest kayak made?
 - 6) What is the narrowest kayak made?
 - 7) What is the kayak which can hold the most weight?
 - 8) What is the most expensive kayak made?
 - 9) What is the cheapest kayak made?
 - 10) What is the world's longest kayak trip?
- And the wackiest kayak questions:
- 11) Which kayak has the capacity to carry the most people?
 - 12) Are there aluminum kayaks?



INTREPID CHALLENGE KAYAK RACE - September 24, 2011

By Marcus Demuth

Make way for the Intrepid Challenge! On September 24, 2011 the kayaking chapter of Achilles International, the New York City-based organization that enables disabled athletes to compete in sports, is hosting the Intrepid Challenge, a kayak race on the West Side of Manhattan.

This will be the city's biggest kayak competition, with an estimated 150 paddlers competing on either the 14-mile elite course or the more beginner-friendly 7-mile distance.

The goal is to bring a world-class kayak race to New York. We wanted to create an event that is both all-inclusive and exclusive, by providing a race environment in which both recreational paddlers and world champions can compete side by side. "Our hope is that many paddlers from our friends at the Sebago Canoe Club will participate," says race organizer Joe Traum.

The start and finish will be Pier 84 at 44th Street on the West Side, just south of the aircraft carrier Intrepid. The race will continue the tradition of the annual Mayor's Cup kayak race, an event that had attracted world-class paddlers, including two-time Olympic gold medalist Greg Barton, Sebago's way-too-fast Joe Glickman and an array of talented Achilles athletes. The competition is open to sea kayaks, surf skis, outriggers, stand-up paddle boards and traditional rowers. The registration

fee is \$50, which includes a T-shirt, food and drinks at the post-race party.

No matter whether you want to participate as a racer, a volunteer, or just want to drop by to cheer the contestants and join the after-race party, every Sebago member is invited to join.

For more information and registration see www.achillesinternational.org or email Joe Traum at jtraum@achillesinternational.org.





THE TRADITIONAL SMALL CRAFT ASSOCIATION

By Jim Luton

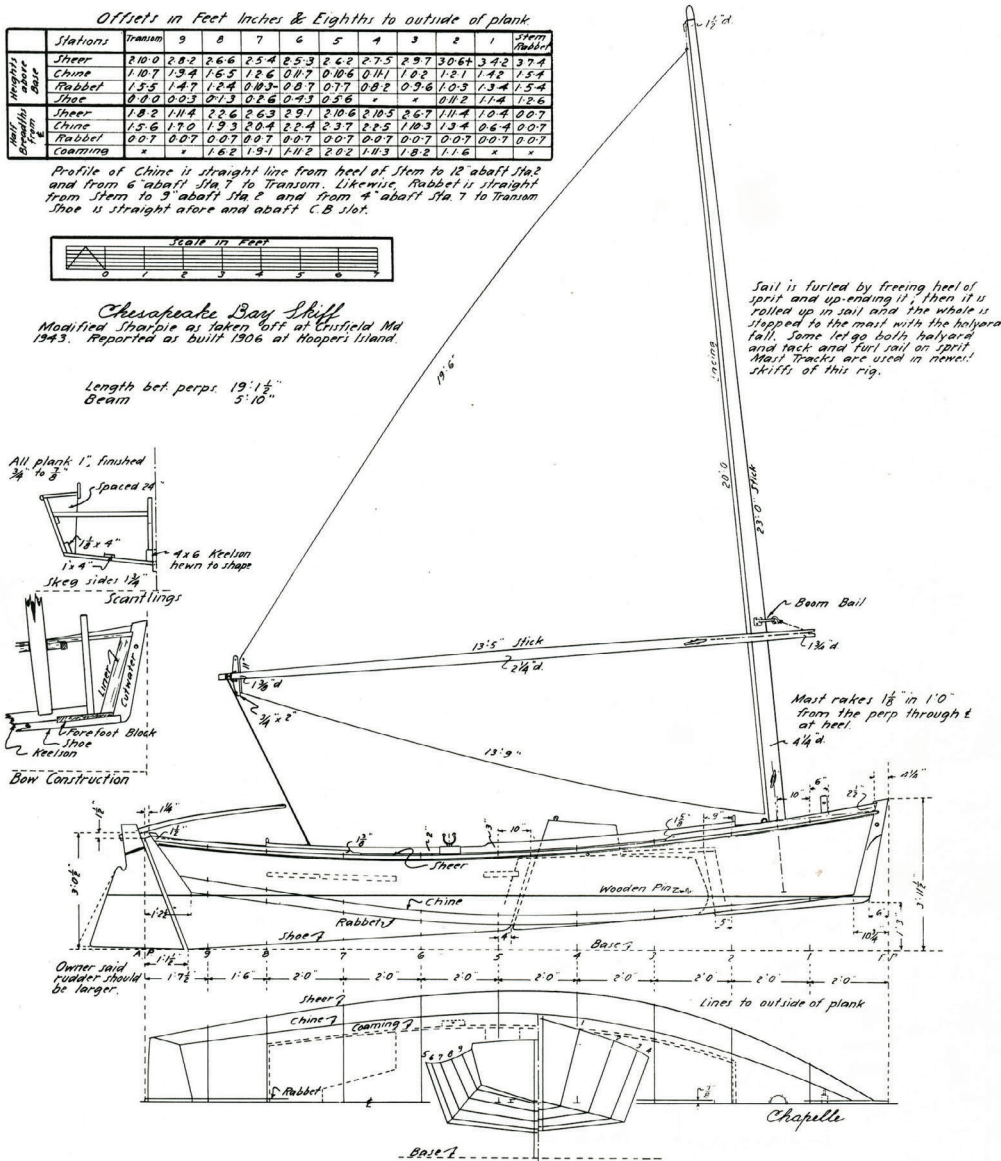
What could possibly be more inspiring than a hand-drawn set of traditional small craft lines and sail plan, I ask you? Maybe actually building a boat from that set of lines, and then short-tacking her through head-high spartina grass up a winding creek with the flood behind you and a raft of Buffleheads in front, in that golden, low-angle light you get in the fall. Or rafting up with six other classic small craft for an overnight stay on board under a boom tent in some quiet cove on the Chesapeake Bay. Maybe oiling up some warm cedar floorboards in the spring, or stitching up a pair of oar leathers. These are some of the things that inspire me, and quite a few other nuts who are part of the Traditional Small Craft Association, or TSCA for short.

A modified Sharpie, figure 115, from Howard Chapelle's *American Small Sailing Craft*. Chapelle's drawings are available for purchase from the Smithsonian Institution.

The TSCA is a nationwide, not-for-profit, educational organization that "works to preserve and continue the living traditions, skills, lore, and legends surrounding working and pleasure watercraft whose origins predate the marine gasoline engine." There are currently twenty-seven active chapters across the country, and several more that are in the process of organizing. As I write this, the annual TSCA meeting is being held in Cortez, Florida, in conjunction with the Florida Small Craft Festival. The Cortez chapter has an affiliation with the Florida Maritime Museum at Cortez, is one of the more active boatbuilding groups, and is home to at least nine Roger Allen-designed Melonseeds, many of which were built by member David Lucas and pals.

The Delaware River Chapter is also quite active. They hold monthly meetings, with a presentation of some sort each time. Several of these meetings have been held at the Independence Seaport Museum in Philadelphia, at the boat shop run by John Brady. My friend Mike Wick is a Delaware member with a lifetime of sailing to his credit. Mike is finishing up his own Cortez "seed" now. Mike is also editor of the quarterly TSCA magazine, *The Ash Breeze*.

Sebago Canoe Club will soon become a "member sponsor" of the TSCA, along with organizations such as the Independence Seaport Museum, The Northwest School of Wooden Boatbuilding in Washington, Mystic Seaport, and the American Canoe Association, to name just a scant few. With my own boatbuilding activities, and the interest of other builders and enthusiasts in the club, I would like to encourage other Sebago members to join the TSCA. Membership is only \$20 per year, and includes the quarterly magazine, *The Ash Breeze*. As some of you know, we are trying to put together funding from within the club to further improve our own boat-shop facility. It has long been an interest of mine, and others, to foster a boatbuilding program here at Sebago, and in fact one of my goals is to organize the first Brooklyn Chapter of the TSCA. A chapter requires only five members, and can be built around a variety of activities, which might include an educational



MAKING A GORTEX TUILIK

By Steve Heinzerling



For Greenland paddlers, the tuilik is the garment of choice. It's like wearing a combination hoodie and spray skirt.

The tuilik offers a paddler complete protection from the elements. The only thing exposed is your face and hands. You can roll your boat and stay completely dry.

The garment also provides a good amount of floatation for balance bracing and other maneuvers.

A few years back I made a neoprene tuilik. I've been paddling in it for three or four winters now in complete comfort. However, the neoprene tuilik, while great for rolling practice, is too hot for warm-weather paddling.

I am now in the process of making a tuilik out of a Gortex-type fabric that is lightweight, waterproof and breathable. After looking at a few patterns for nylon tuiliks and disliking the way they were cut, I adapted the neoprene pattern that I used before.

The pattern was made by kayaker Shawn Baker, and is available from Qajaq USA. Basically I added 1/4 of an inch around each piece to seam the garment. I redesigned the sleeves to reposition the seams on the bottom. I am putting the whole thing together without any sewing.

All the pieces are joined together with Aqua Seal. Well, I actually use Shoo Goo, which is the same product, from the same manufacturer at half the price. I hold the seams together with paper clips and clamps until the goo sets up.

The pictures you see are of a work in progress. I have yet to add the drawstring around the face of the hood. I also will be adding a strip of sticky neoprene around the bottom for the cockpit rim. I purchased a pair of dry-suit wrist gaskets for the sleeves.

I found that the threading of the Shoe Goo tube is the same as that of cake decorator. Why is that so awesome? I can use an icing tip to pinpoint the goo into all the little folds and gaps with complete precision. Ah, the little things that make us happy!

Orange wasn't my choice of color for a tuilik. I wanted yellow. But I bought the material from Seattle Fabrics, which was out of yellow. I may look like a total geek but I don't think any motorboats will be hitting me.

I'm looking forward to seeing you out on the water. You'll see me. That's for sure.

boatbuilding program, an investigation of maritime history, marline-spike seamanship and the traditional skills of small boat handling. We have begun making improvements to the clubhouse, which will include an educational center, thanks to the grant from Partnership for Parks that Chris Russo, Phil Giller, and the new grant committee got for us. With our facilities, grounds, and dock, Sebago could become an even more important link to maritime culture than we are right now.

The Traditional Small Craft Association - tsca.net

Download back issues of *The Ash Breeze* -

tsca.net/member_ash.html

Delaware Chapter TSCA - tsca.net/delriver/index.html

Boat shop - Independence Seaport Museum -

phillyseaport.org/boatshop.shtml

below: top -The *Small Reach Regatta* in Maine is sponsored by the TSCA. This peapod is one of the fifty or so boats that regularly attend this event. bottom-Camping afloat in the Chesapeake Bay, near Tilghman Is., Maryland. My own skiff, Cricket is here. Mike Wick and Ned Asplundh, editors of *The Ash Breeze*, are also on this trip.



THE 2011 EAST COAST CANOE & KAYAK FESTIVAL

By Walter Lewandowski



A few Sebago members made the journey to Charleston, South Carolina to attend the East Coast Canoe & Kayak Festival (ECC&KF). Marcus Demuth went to work the event as an instructor and presenter. Walter and Dottie Lewandowski went as participants to improve their paddling skills and learn techniques from some of the top instructors in the nation.

The ECC&KF is unlike any other symposium or paddlesport event that I have attended. Equipment vendors, instructors, paddlers and paddling notables came together and spent a three-day weekend camping, eating, socializing and even paddling. The tribe almost completely takes over James Island County Park, a wonderful facility with a lake perfect

for practicing and demoing the many kayaks, canoes and stand-up paddleboards. Nigel Dennis, Valley, P&H and Wilderness Systems are only a few of the manufacturers represented. Dottie and I could not resist the temptation to purchase some of the accessories available.

Shopping is only a sideshow at this event; the main attraction is the unbelievable assortment of instruction available. We were fortunate to have an all-day preshow class with Roger Schumann, an ACA Level 5 ITE, which means he is certified to train instructor trainers up to Level 5, the highest ACA level. Roger is an extremely fluid kayaker and taught us many drills to practice to blend strokes and really step up our paddling to the next level. The class left us completely exhausted.



The next day we were scheduled for a master class with Ben Lawry. This was a half-day morning class for bracing and sculling. Ben has an uncanny ability to break down the most complex moves into a few physiologically simple positions. Once again, we learned some great teaching tools we can use in our own classes. We opted to spend the afternoon browsing and socializing, and capped the day with a communal South Carolina barbecue where instructors, vendors and participants eat local fare and drink local micro-brews.

Fortunately, the next day of the festival we only signed up for an afternoon class, again with Ben Lawry, so we were able to have a well-earned late morning sleep. Once again, Ben amazed all with his straightforward teaching methods. That evening, we attended the festival's Low Country seafood boil, a wonderful mix of shrimp, smoked sausage, corn and red potatoes seasoned to perfection. After dinner, Dubsided, Helen Wilson and Roger Schumann treated us to paddling demonstrations. These were topped by Brooklyn's own Marcus Demuth attempting to break the Guinness world record by rolling his kayak as many times possible in 30 seconds. Marcus now holds the Guinness world record, 12 rolls in 30 seconds! Well, maybe it is just the Charleston record!

All of these festivities take place on James Island, across the harbor from Charleston, a beautiful city preserved in antebellum glory. Unknown to us, this trip coincided with the 150th Anniversary of the firing on Fort Sumter in Charleston Harbor. The many persons dressed in Confederate uniforms re-enacting the start of the Civil War left us with no doubt we were in the Deep South. There was no hiding my "New Yawk" accent, but everyone we met was gracious and offered true southern hospitality. The Charleston County Parks, who have put on the festival for twenty-one years, are to be congratulated for a great job.



previous page: top-festival site, bottom-Dottie doing a low brace
 this page: top-Walter, Marcus, Ken Fink, middle-Ben Lawry hard at work, Roger Schuman, bottom-Marcus teaching



THE “FAST RUNNER” TRILOGY

By Denis Sivack

The films “*Atanarjuat: The Fast Runner*” (2001); “*The Journals of Knud Rasmussen*” (2006); and “*Before Tomorrow*” (2008) are regularly spoken of as a trilogy, even though they don’t deal with the same characters or follow any continuing storyline. While the films take place during vastly different time periods, they are linked by their harsh common landscape, the hardships of the Inuit people, their spirit world, the journeys that connect them as individuals and in their larger cultural heritage. They are also shaped by the shared sensibilities of the writers, directors, actors and crew who bring us their vision in these films, which are in the Inuktitut (Inuit) language.

The first of the three, “*The Fast Runner*,” which is based on an Inuit legend, takes us back centuries to the Arctic Inuit world, where discord spread by an evil spirit leads to the death of the chief Kumaglak by Sauri, who breaks the spirit of Tulimaq. Years later (as it is in tragedies moving through time and generations) Sauri’s son Oki and Tulimaq’s sons Atanarjuat (*The Fast Runner*) and his brother Amaquiaq (*The Strong One*) are caught up in the continuing conflict.

Atuat is promised to evil Oki, but both she and her sister Puja desire Atanarjuat, who marries her, having won her in a fight. When she causes strife between the two brothers, Oki sees his chance to take revenge on Atanarjuat. Amaquiaq is killed, and Atanarjuat escapes on his long naked run, and more than survives in a spiritual rebirth (only an encounter with a good spirit can break the lingering curse). This rebirth not only leads to retribution but to the restoration of order within his community.

The film was directed by Zacharias Kunuk, who wrote it with Pauloosie Qulitalik. It was filmed in the High Arctic in winter and summer conditions.

Kunuk, along with Norman Cohn, also directed “*The Journals of Knud Rasmussen*,” and Pauloosie Qulitalik and Madeline Ivalu were the writers. The language here is primarily Inuktitut (Inuit), with some English and Danish.

In 1922, Danish explorer Knud Rasmussen, who was born in Greenland and speaks Inuit, his grandmother’s tongue, arrives in the Arctic with trader Peter Freuchen and anthropologist Therkel Mathiassen. Avva, the shaman, tells these visitors his life story and how his mother was cursed with stillborn children. He himself was born with his umbilical cord around his neck. The shaman tells of how ancient practices protect his people, and we learn of his daughter, Apak, whose husband has died and who has been forced into marriage with a man she does not love. She continues a sexual relationship with her dead husband in the spirit world.

The outsiders persuade Avva and Apak to take them to Iglulik, a village they had left many years before. The journey there is long and harrowing and they arrive, having eaten all their food, to find a community that has now converted to Christianity. This community sees the shaman and his daughter, with their ancient ways, as evil. At this point of physical starvation what will be the spiritual choice for Avva and Apak? The explorers have persuaded the father and daughter to return to a

Pictures top to bottom: Atanarjuat Running (from *Atanarjuat: The Fast Runner*) Atanarjuat Regaining His Balance (from *Atanarjuat: The Fast Runner*), Drumming and Chanting (from *The Journals of Knud Rasmussen*), At Sea (from *Before Tomorrow*)

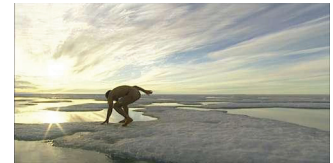
world where other outsiders, the Christians, have permanently altered everything. Now we are again in a world of choices and decisions that change us forever.

Some discussions of this film have centered on the extent to which we are told things – which we watch people narrating – instead of being shown the actual events themselves. Apparently the full title of the film was “*A Series of Events Reported in the Journals of Knud Rasmussen*,” and it could be argued that the mode of presenting events in the film isn’t through Rasmussen’s telling, but through those who told him about their own lives. We see the people telling him what he recorded. We have come into the 20th century, but we have been brought the trials of older and competing ways.

“*Before Tomorrow*” is the last, shortest, and simplest film of the trilogy. It was directed by Marie-Helene Cousineau and Madeline Ivalu, who also assisted in adapting the script. The events appear to transpire in the 1840s, before and after the arrival of Europeans. The film opens as a village celebrates its summertime feast.

The summer’s catch must be dried, so the villagers transport the grandmother Ningiuq and her grandson Maniq (played by Madeline Ivalu and her real grandson) and Ningiuq’s best friend Kutuguk to an island where the three of them will dry the fish. While they are there, Kutuguk grows ill and dies, and Maniq grows skillful with his harpoon, catching his first seal.

When the villagers fail to return, Ningiuq and Maniq begin their sea voyage back, only to find that all in the village have perished from disease brought by Europeans. It is then that we understand the links



and hints to stories that were told earlier and understand clues from references to a found steel needle.

With nothing but death and decay in the village, Ningiuq and Maniq return to their island with two puppies (what was left of life) that Miniq, as he grows, plans to train as his sled dogs. They take shelter in a cave, are attacked by wolves, and Ningiuq is wounded. She tells stories and gives account of another place to the south, as the growing silence and the dimming of the seal-oil lamp take us further into the final darkness.

All three films are visually stunning, with the gold tints from the sun and the yellow-gray of the seal clothing standing out against the white of the vast snow-laden and sea-rich landscape. Every object seems to have been made out of something from the hunt. While the films are slow, remember how long the winters are and how confined a small clan can be where the time inside is often passed by the telling of stories and the passing on of tradition. Viewers from outside the culture have to contend with the language, the names, and the physical resemblances of the people to each other, making it initially difficult to follow each film.

While I was fortunate to see “*Before Tomorrow*” at the Film Forum when it opened in 2009, I missed the director, Marie-Helene Cousineau, who was there in person for three days of the film’s two-week run. In preparing this article, I found that my Film Forum material gave this website information: isuma.tv/hi/en/fastrunnertrilogy.

Through the links there you will find information about Igloolik Isuma Productions. You will also find links enabling you to download the films in standard or full HD.



A PADDLER'S GUIDE TO GOOD GAS MILEAGE

By Gary Gorman

Have you noticed that carrying a kayak on top of your car cuts into your gas mileage? That's because it adds to your car's wind resistance.

To minimize the problem, try covering the kayak's cockpit. That will keep air from being driven inside the opening as you zip down the highway. The drag created by an open cockpit increases the amount of fuel you need to keep your car moving forward. On a long trip the additional amount can be significant.

Here are some other steps you can take to improve your mileage:

- Let's get the hardest tip out of the way first. Slow down! Yep. Driving 55 miles per hour, as opposed to 75 mph, will save you up to 25% on gasoline. Mpg performance decreases rapidly at speeds exceeding 60 miles per hour. So, it's your choice. On those long highway trips, every fifth fill-up could be free.
- When you're finished at the gas pump, turn the handle 180 degrees so that it's upside down. This will force about 1/2 cup of extra gas into your tank. Otherwise, this gas will just dribble out of the hose when you remove it, or will be pumped into the next customer's vehicle...on your tab.
- Don't "top off" your tank when filling up. Sure, we all like to get it to that nice round number. But gas pumps don't calibrate well over short bursts, and it's likely you'll be overcharged. Also, this could cause your tank to overflow when the gas expands in the sun or if you park on a hill.
- Check fuel prices at local gas stations by visiting websites like Gas Buddy and Gas Price Watch. Just put in your Zip code and compare. I just did this for my area and found a 19-cent-a-gallon difference from highest to lowest. That can mean \$3 or \$4 per fill-up.
- Make sure your gas cap fits properly and has been tightly closed. Yes, gas evaporates... to the tune of about 150 million gallons a year.
- Park in the shade whenever possible. Again, the sun causes evaporation. Also, in the summertime, your air conditioning has to work a lot harder to cool down your sun-heated interior.
- Avoiding those quick starts and stops can increase your "around town" gas mileage by as much as 5%. Take it easy at the lights, and start off smoothly and evenly. Anticipate your stops and gently slow down. "Easy driving" is a lot easier to take at the pump.
- Use your air conditioning as sparingly as possible. It's no mystery that the A/C compressor requires extra gas. But don't drive with your windows open either. The loss in aerodynamics from wind rushing into the car uses more gas than the A/C. On those marginally hot days, or in the evening, try to drive with the windows up and the outside air vents open.
- Keep your engine tuned up. Bad spark plugs, or incorrect spark timing or fuel ratios can be real gas guzzlers. A well-tuned vehicle will improve gas mileage an average of 4%.
- Change your oil regularly. Heavy, dirty oil causes your engine to work harder. Use your manufacturer's recommended grade of oil. One treated with a friction-reducing additive is preferable. You can increase mileage as much as 12% with the right oil, changed regularly.
- Clogged, dirty air filters are another gas-mileage killer. A clean air filter can boost gas mileage up to 10%.
- Remember to keep your trunk as empty as possible. You'll lose about 2% in fuel economy for every 100 pounds extra. So, get all that unnecessary junk out of the trunk. It gets expensive to lug around.
- Avoid idling longer than a minute. It takes less gas to restart the vehicle than to idle.
- Properly inflate and align your tires. Check them out approximately every other fill-up and watch for uneven or excessive tire wear. It's recommended that you rotate your tires every 7,500 miles. Proper tire maintenance can improve your gas mileage as much as 3%.
- Don't forget to use overdrive and cruise control when you can on the highway. It's really simple and will keep still more dollars in your wallet.
- Don't bother with higher-octane gas. Using gasoline that has more than the car manufacturer's recommended octane has no benefit at all - other than temporarily, if your engine is knocking.
- Avoid packing things on top of your vehicle. Again, anything that creates wind resistance can decrease your fuel economy by as much as 5%.
- A car engine that's running too hot or too cold also takes a bite out of fuel economy. Keep your engine coolant fresh and make sure it's been mixed properly.
- Drive defensively. Being a less aggressive, more laid-back kind of driver is always a good idea. But with gas prices so high, in effect you'll be paid for "keeping your cool" on the roads.
- Think about carpooling. Try Googling "carpool your area" (without the quotes). Or, go to a site like CarPool Connect to locate rides in your area.

SEBAGO CALENDAR 2011

MAY			
1	Sun		Opening Weekend at ACA Camp at Lake Sebago. Contact Linda Peterson, surenoproblem27@yahoo.com for work assignments and activity planning.❖
4	Tues	7pm	Board Meeting, Brooklyn clubhouse. All members are welcome.
7	Sat		Sebago Sailing 3rd Annual Laser Regatta, Brooklyn clubhouse. Laser Regatta for District 8. All Laser sailors welcome. Volunteers are needed for on-and off-water support. Information plus NOR and SI, sebagocanoecub.org/pdfs/NOR_SebagoSailing5_7_11.pdf and sebagocanoecub.org/pdfs/SI_SebagoSailing5_7_11.pdf .
			Bronx River Flotilla, the Bronx. Join Sebago at the Flotilla, which attracts 200 paddlers (many novices) to paddle a section of the Bronx River. Experienced paddlers needed for on-water guides, portages, put-ins, take-outs, mini-canoe trips. Visit bronxriver.org for details on the event. Bring your own kayak or canoe. The club will fill a trailer, including a couple of canoes. Remember, this is a river; you need a short boat! If you don't want to paddle there are other ways you can help. Contact Dan Olson, danolson98@aol.com or 718 551 8244, for details.
8	Sun	11am	First Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.
12-15	Thur-Sun		Seventh Annual Jamaica Bay Fishing Tournament, Floyd Bennett Field. Visit www.captainkayak.com/tournaments.html for details and to register. Volunteers are needed to provide on-water safety escorts and to promote the club. Contact Andy Novick, andytechie@gmail.com for more information and to volunteer.❖
15	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌋
21	Sat	10-5pm	OPEN HOUSE, Brooklyn clubhouse. Open to the public. Club members are needed to volunteer for a variety of tasks, on-water and off. Contact Commodore Tony Pignatello, PickSix929@aol.com , for more information.
22	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌋
28	Sat	9-12	First Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌋
			Masters Races, Lake Sebago. 200 and 500 meter races. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info.❖
29	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌋
30	Mon	Noon-3pm	Memorial Day Paddle, Brooklyn clubhouse. <u>Explore Mill Basin</u> in this leisurely 2 ½ hour paddle. This is a great beginners' paddle if you are going to take a Level 1 ACA course. See million-dollar homes, practice your forward stroke and sweeps, and maybe even get to rescue a fellow club member. Dress appropriately: the water is still very cold; wetsuits highly recommended. Contact leader Phil Giller, briggg@yahoo.com , to register and for information.
JUN			
1	Wed	5:30pm	First Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌋
4	Sat	9am	Annual Jamaica Bay Blessing of the Fleet Regatta. Join us for breakfast at the Brooklyn clubhouse and we will take out both war canoes and as many kayaks as needed and paddle to Canarsie Pier for the blessing at 11am. Show your club spirit and join our yacht club neighbors for this local tradition. Contact Tony Pignatello, picksix929@aol.com , for more information. 10am launch.❖
		9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌋
		1pm	Member Paddle, Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
5	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌋
		11-4pm	NYC Swim Kayak Training, Brooklyn clubhouse. A vigorous on-land and on-water training session for anyone who would like to be kayak support for any of the NYC Swims. Learn what you have to do, what skills are needed and be assessed to qualify as kayak support. Many of the swim races are as little as one mile long, going all the way up to the marathon swim which is thirty miles. Contact Phil Giller, briggg@yahoo.com , to register and for information.
7	Tues	9am	Youth Paddle, Brooklyn clubhouse. Join trip leader Tony Pignatello taking a youth group on the Bay. Contact picksix929@aol.com for information.
		7pm	Board Meeting, Brooklyn clubhouse. All members are welcome.
8	Wed	5:30pm	Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌋
11	Sat	9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌋
11-12	Sat-Sun	9-5pm	Sebago Sailing Annual Basic Sailing Clinic, Brooklyn clubhouse. Using club boats: Sunfish/Laser. Open to members only. Limited enrollment. Fee \$150; payment reserves a slot. Contact Sebago Sailing chairs Holly Sears and Jim Luton, sailing@sebagocanoecub.org or 917 587 0117, for more information and reservations.
12	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌋
		1pm	Member Paddle, Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.

15	Wed	5:30pm	Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌵
18	Sat	9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌵
			Masters and Kids' Races, Lake Sebago. 200 and 500 meter races. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
18-19	Sat & Sun		Kayak Trip Leader Workshop, Brooklyn clubhouse. Training and certification for Open Paddle leaders and assistants. Contact Walter Lewandowski, kayaker824@gmail.com , for more information and to register.
19	Sun	10am	Sebago Sailing 2nd Annual Kids' Sailing Relay Event, Brooklyn clubhouse. Sailing relay with two in a boat: one certified sailor, one child. All minors must have an adult to sail with. Contact sailing@sebagocanoeclub.org for details.
		11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
22	Wed	5:30pm	Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌵
24	Fri	9am	Youth Paddle, Brooklyn clubhouse. Join trip leader Tony Pignatello taking a youth group on the Bay. Contact picksix929@aol.com for information.
25	Sat	9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌵
		1pm	Member Paddle, Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
26	Sun	noon	Sebago Sailing June Cruise, Brooklyn clubhouse. Open class sailing cruise on Jamaica Bay. Cruising workshop during lunch on the beach. For level 2+ sailors only. Meet at noon.⌵
		11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
			Canoe the Bronx River, the Bronx. Canoe in a small group with your family and Sebago friends. This is a canoe-only event but open to all paddlers and all levels. Boats will be provided by NYC Parks and Sebago. We have a limited number of canoes, so we must have your reservation. Contact Dan Olson, danolson98@aol.com or 718 551 8244, to register.
29	Wed	5:30pm	Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌵
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2	Sat	9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌵
2-3	Sat & Sun		Lake Placid International Regatta. Masters, Open, Juniors, Juveniles. 200, 500 and 1000 meter races. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
3	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
4	Mon		Fourth of July Paddle, Brooklyn clubhouse. Contact trip leader Phil Giller, briogg@yahoo.com , for details.
		7pm	Fireworks Paddle, Brooklyn clubhouse. Paddle out towards Ruffle Bar on this 3 ½ hour trip, where you can see the fireworks from all three barges in Manhattan. Advanced beginner: ACA Level 1 or 2 required. Lights required. Contact trip leader, Phil Giller briogg@yahoo.com or 718 354 6141, for more information. This trip <u>may</u> leave from Plumb Beach: check the calendar for updates.
5	Tues	7pm	Board Meeting, Brooklyn clubhouse. All members are welcome.
5-8	Tues-Fri		First Week of ROCK Youth Training Camp, Lake Sebago. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
6	Wed	5:30pm	Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌵
9	Sat	9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌵
		1pm	Member Paddle, Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
			Lake Sebago Kids' Race, Lake Sebago. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
10	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
10-15	Sun-Fri		Second Week of ROCK Youth Training Camp, Lake Sebago. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
13	Wed	5:30pm	Wed Evening Open Paddle. Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information.⌵
16	Sat	9-12	Sat Morning Open Paddle. Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌵
			City of Water Day Paddle to Governor's Island. Club calendar will be updated with details. Visit www.cityofwaterday.org for info on the event. ❖
		8pm	Full Moon Paddle, Brooklyn clubhouse. Lights required. Pot luck tiki torch meal before 8pm launch.
17	Sun	11am	Coastal Kayaking Instruction, Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵

17-22	Sun-Fri		Third Week of ROCK Youth Training Camp , Lake Sebago. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
20	Wed	5:30pm	Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information. J
23	Sat	9-12	Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment. J
			Lake Sebago Masters and Kids' Race , Lake Sebago. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
23-24	Sat & Sun		ACA Level 1 Training and Assessment , Lake Sebago. On Sat, a full ACA Level 1 course will be given; and on Sun, a four-hour workshop with instructors will be conducted for class members. This is a beginners' course with limited enrollment. For information and to register, contact Jerry Dunne, jerry.dunne@dunnelaw.net .
24	Sun	10am	Sebago Sailing July Cruise , Brooklyn clubhouse. Open class sailing cruise on Jamaica Bay. For level 2+ sailors only. Meet at 10am. L
		11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details. J
		1pm	Member Paddle , Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
		4pm	General Meeting . Vote on new senior members and keep up-to-date on club news.
24-29	Sun-Fri		Last Week of ROCK Youth Training Camp , Lake Sebago. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
27	Wed	5:30pm	Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information. J
30	Sat	9-12	Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment. J
		1pm	Member Paddle , Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
31	Sun	11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details. J
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2	Tues	7pm	Board Meeting , Brooklyn clubhouse. All members are welcome.
3	Wed	5:30pm	Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information. J
4	Thur		Youth Regatta , Sebago Beach, Lake Sebago. Join Sebago at this annual canoe race between the camps in Harriman State Park. Volunteers in sea kayaks needed for safety and to help direct the kids down the racecourse. Contact Jerry Dunne at jerry.dunne@dunnelaw.net for more information and to volunteer. ❖
4-6	Thur-Sat		USA Canoe Kayak Sprint National Championships , Lake Lanier, Gainesville, GA. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
6	Sat	9-12	Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment. J
6-7	Sat & Sun		ACA Level 2 Training and Assessment , Lake Sebago. This two-day kayak course is open to ACA Level 1 paddlers or as a continuation of the class on July 23-24. Limited enrollment. For more information and to register, contact Jerry Dunne, jerry.dunne@dunnelaw.net .
7	Sun	11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details. J
		1pm	Member Paddle , Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
10	Wed	5:30pm	Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information. J
13	Sat	9-12	Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment. J
		7:30pm	Full Moon Paddle , Brooklyn clubhouse. Lights required. Pot luck tiki torch meal before 7:30pm launch.
14	Sun	11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details. J
17	Wed	5:30pm	Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information. J
20	Sat	9-12	Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment. J
21	Sun	10am	Sebago Sailing August Cruise , Brooklyn clubhouse. Open class sailing cruise on Jamaica Bay. For level 2+ sailors only. Meet at 10am. L
		11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details. J
		1pm	Member Paddle , Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
24	Wed	5:30pm	Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kayaksherman@yahoo.com , for information. J
26-28	Fri-Sun		Masters International Regatta , Szeged, Hungary. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info. ❖
27	Sat	9-12	Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment. J

		1pm	Member Paddle , Brooklyn clubhouse. Club calendar will be updated with trip leader contact and registration info.
27-28	Sat & Sun		ACA Level 3 Training and Assessment , Lake Sebago. This two-day kayak course is open to ACA Level 2 paddlers or as a continuation of the class on August 6-7. Limited enrollment. For more information and to register, contact Jerry Dunne, jerry.dunne@dunnelaw.net .
28	Sun	10am	Sebago Sailing Race Tactics Workshop , Brooklyn clubhouse. 10am blackboard work, then on-the-water practice. Contact sailing@sebagocanoeclub.org for information.
		11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
			Canadian Masters Championships , Welland, Ontario, Canada. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info.❖
31	Wed	5:30pm	Last Wed Evening Open Paddle . Open to the public, every Wed at the Brooklyn clubhouse. Contact Pete Peterson, surenoproblem27@yahoo.com , or Andrew Sherman, kavaksherman@yahoo.com , for information.⌵
SEP			
3	Sat	9-12	Last Sat Morning Open Paddle . Open to the public, every Sat at the Brooklyn clubhouse. Contact Beth Eller, betheller@hotmail.com , for trip leader assignment.⌵
4	Sun	11am	Sebago Sailing Annual Sebago Cup Race , Brooklyn clubhouse. Open class end-of-season cruising-style race in Jamaica Bay. Level 2+ sailors. Skippers meet 11am.
		11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
5	Mon	10am–4pm	Labor Day Paddle , Brooklyn clubhouse. <u>Gerritsen Beach Au Naturel</u> . This is an intermediate level trip. You must have taken an ACA Level 2 course at a minimum plus a kayak rescue & safety course. You must be able to do a wet exit, be able to do group rescues and have boat handling skills, plus you must have paddled on minimum ten-mile trips. This trip is approximately 6 hours long. Gerritsen Creek has been home both to a bayside community of fishermen and dumping ground for old boats. Now cleaned up and revitalized, its scenery is stunning and includes a new interpretive nature center. But don't worry, it's not sanitized; you can still take in a few hulks of rusting wrecks while gazing at egrets. Contact trip leader Phil Giller, brigg@yahoo.com , to register and for information.
6	Tues	7pm	Board Meeting , Brooklyn clubhouse. All members are welcome.
11	Sun	11:30am	Sailing Committee Meeting , Brooklyn clubhouse.
		1pm	Sea Kayak Committee Meeting , Brooklyn clubhouse.
		2pm	ANNUAL MEETING , Brooklyn clubhouse. Voting for Board members, officers and constitutional amendments, as well as senior membership for those who have been members for one year and have had their names published in the Blade. Contact bethbloedow@netzero.com to have your name published. Potluck: bring food and drink to share.
16-18	Fri-Sun		Around Long Island Trip . Year five, fifth leg. From Mt Sinai Harbor to Red Hook. Bad weather backup dates, ???. Contact Steve Heinzerling, steveheinzerling2@verizon.net , for more information.
17	Sat	10-2	Annual Trash Bash , Brooklyn clubhouse. In association with the American Littoral Society. Help clean up Paerdegat Basin, on foot or from a boat. Volunteers needed. Contact Mary Eyster, profmaryjo@aol.com for more info.
18	Sun	11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
		Noon	Sebago Sailing Fall Race Series Race #1 , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .⌵
25	Sun	noon	Sebago Sailing Fall Race Series Race #2 , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .⌵
		2pm	ACA Atlantic Division Annual Meeting , Lake Sebago. Contact Atlantic Division Chair Jerry Dunne, jerry.dunne@dunnelaw.net , for details.❖
OCT			
2	Sun	11am	Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
		noon	Sebago Sailing Fall Race Series Race #3 , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .⌵
4	Tues	7pm	Board Meeting , Brooklyn clubhouse. All members are welcome.
8	Sat		Middle States Championships , Washington, DC. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info.❖
9	Sun	11am	Last Coastal Kayaking Instruction , Lake Sebago. Meet at the Sebago Canoe Club cabin. Contact Jerry Dunne, jerry.dunne@dunnelaw.net , for details.⌵
		noon	Sebago Sailing Fall Race Series Race #4 , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .⌵
			Washington Canoe Club Masters Championships , Washington, DC. Contact Scott Greifenberger, scottcanoe@aol.com or 516 993 3692 for info.❖
16	Sun	noon	Sebago Sailing Fall Race Series Race #5 , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .⌵
23	Sun	noon	Sebago Sailing Fall Race Series Race #6 , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .⌵

30	Sun	noon	Sebago Sailing Fall Race Series Race #7-Last Race , Brooklyn clubhouse. For Laser, Sunfish, Force 5 class. Skippers meet at noon, first warning signal 12:45. See NOR and SI and more information at sebagocanoeclub.org/sailing.html .
NOV			
1	Tues	7pm	Board Meeting , Brooklyn clubhouse. All members are welcome.
DEC			
6	Tues	7pm	Board Meeting , place to be announced. All members are welcome.

L Monthly Events:

Sail Cruises are for level 2+ sailors only. Level 2 sailors must have a confirmed sailing companion to participate. Contact Sailing Committee chairs Jim Luton or Holly Sears for more information: sailing@sebagocanoeclub.org or 917 587 0117.

J Weekly Events:

Sat Morning Flatwater Kayak Racing Paddling is for all club members. Flatwater kayaking is training in racing boats, instead of sea kayaks. Club boats are limited and are on a first-come, first-served basis. Meet in Brooklyn or at Lake Sebago at 9am. Contact Racing Committee chair Mike Boxer for location: 917 670 0336 or racing@sebagocanoeclub.org.

Wed Evening Flatwater Kayak Racing Paddling is for all club members. Flatwater kayaking is training in racing boats, instead of sea kayaks. Club boats are limited and are on a first-come, first-served basis. Meet in Brooklyn at 6pm. Contact Racing Committee chair Mike Boxer for details: 917 670 0336 or racing@sebagocanoeclub.org.

Wed Evening Open Paddles are for all club members, their guests and the public. Club boats are limited and are on a first-come, first-served basis. Meet at the club at 5:30pm. Trip leaders meet at 5:15pm. Contact Sea Kayak Committee chair Walter Lewandowski for information: kayaker824@gmail.com.

Sat Morning Open Paddles are for all club members, their guests and the public. Club boats are limited and are on a first-come, first-served basis. Meet at the club at 9am. Trip leaders meet at 9am. Contact Sea Kayak Committee chair Walter Lewandowski for information: kayaker824@gmail.com.

Thur Night Race Series are for all club members. This year member racing on Thur nights will be impromptu-by mutual agreement through our sailing email list. There is no guarantee of supervision or organization. If you plan to come out and sail, send an email to the Google sailing list to see if there are other sailors with the same intention. Use of boats is on a first come-first served basis. Sailors should be rigged and on the water by 5:30 (latecomers are welcome to join in, but we ain't gonna wait on you!) We welcome sailors of all skill levels as long as you can handle a boat by yourself and can sail safely in the conditions present. Contact Sailing Committee chairs Jim Luton or Holly Sears for information on how to join the Google sailing list: sailing@sebagocanoeclub.org or 917 587 0117.

Sun Morning Coastal Kayaking Instruction is for all ACA members. Learn beginner to advanced techniques with ACA-certified instructors. Meet in parking lot at Lake Sebago. Contact Jerry Dunne, jerry.dunne@dunnelaw.net, or Stevie McAllister, stevie@brooklynkayak.com, for more information.

All events are subject to change without notice. Check with contact person listed to confirm all events.

Sailors should contact Sebago Sailing Committee chairs Holly Sears or Jim Luton to schedule time for certification to use the club (see sailing page of www.SebagoCanoeClub.org/sailing.html for requirements). Contact the chairs at sailing@sebagocanoeclub.org or 917 587 0117.

Sea Kayakers should contact Sea Kayak Committee chair Walter Lewandowski to schedule time for certification to use the club kayaks (see sea kayaking page of www.SebagoCanoeClub.org for requirements). Contact kayaker824@gmail.com for information.

Racers should contact Racing Committee chair Michael Boxer to schedule time for certification to use the club racing boats. Contact racing@sebagocanoeclub.org.

All holiday Jamaica Bay trips require pre-registration and there are skill requirements for all trips. To register or check your skill level for Jamaica Bay trips, please contact Phil Giller briogg@yahoo.com or 718 354 6141. For other trips, please contact the trip leader or contact person listed.

All trips are weather-dependent and subject to change or cancellation due to weather, water conditions or other circumstances beyond our control.

Brooklyn clubhouse events are at Sebago Canoe Club, 1400 Paerdegat Avenue, Brooklyn, NY 11236.
Lake Sebago events are at the Sebago Canoe Club cabin in Harriman State Park.

❖ Events with this symbol are not sponsored and/or endorsed by Sebago Canoe Club. This information is provided for those who may be interested. Please check with the organization sponsoring the event to confirm all dates, times and details.

EBlade:

Thanks to Editor: Beth Bloedow, Assistant Editor: Beth Eastman, Designer: Holly Sears, Photographers: Bonnie Aldinger and Chris Bickford and all contributors.

All content in this issue is from individual contributors and does not necessarily reflect the views of the Sebago Canoe Club.

Next Issue: September 2011

Sebago Canoe Club Board of Directors:

Commodore - Tony Pignatello

Vice-Commodore - Andrew Sherman

Secretary - Rochelle Rubin

Treasurer - Zachary Abrams

Board Members:

Chris Bickford

John Wright

Walter Lewandowski

Jim Luton

Mary Eyster

Pete Peterson

Jerry Dunne

Joe Glickman

Activity Chairs:

Kayaking - Walter Lewandowski –kayaking@sebagocanoecub.org 718-894-2637

Cruising - Tony Pignatello & Walter Lewandowski –cruising@sebagocanoecub.org 718-353-8018/718-894-2637

Sailing - Jim Luton & Holly Sears –sailing@sebagocanoecub.org 718-633-5844

Flatwater Racing - Mike Boxer –racing@sebagocanoecub.org 917-670-0336

Rowing - Joe Romano –rowing@sebagocanoecub.org 718-680-4574

Canoeing and Kayak Fishing - Andy Novick –canoeing@sebagocanoecub.org 347-651-1434

Membership - Shari Berkowitz –membership@sebagocanoecub.org 718-428-7636

Publications - Beth Bloedow –publications@sebagocanoecub.org 718-241-9130

Cabin Steward - Mike Boxer –cabin@sebagocanoecub.org 917-670-0336

General Information –contact@sebagocanoecub.org 718-241-3683

Website –www.sebagocanoecub.org

SEBAGO CANOE CLUB

Paerdegat Basin @ Foot of Avenue N

1400 Paerdegat Avenue North

Brooklyn, NY 11236