

**SEBAGO SAIL COMMITTEE (SailCom)**  
**Policies/Certification**  
**Summer 2006**

**Use of Club Sailing Boats** - *The following boats are available:*

***Lovechild*** – Sunfish

***Kinch*** – Sunfish

***SwampFox*** – Sunfish

***Super Sunfish***

***Skye*** - Laser

***Phantom***

***Zuma*** –Zuma

***Qivi*** – Laser

***Force 5***

**All Sebago members, even those with sailing experience must be checked out and certified to use club sailing boats. Novices must work through the levels as described below. Those with experience must contact the SailCom chair and be checked out/certified – if sufficient skill is demonstrated skippers must be initiated in SailCom’s maintenance and usage procedures for club boats, guidelines for sailing with level 1 or 2 sailors and safety issues particular to Jamaica Bay.**

Sebago members may use club boats with the following restrictions:

Members who are Level 1 Sailors may go out in a club boat with another member who is Sail Certified – for that particular boat (2 in a boat). Note: All members are automatically Level 1 Sailors unless otherwise certified.

Members who are Level 2 Sailors may go out in a club boat by themselves but in company with another Level 4 Sail Certified member (of that boat). Level 2 Sailors must abide by the direction of the Sail Certified member. Any complaint should be issued to the Sailing Chair.

Members who are Level 3 may use the club boat(s) that they have been certified in by themselves but under the guidelines of our sailing safety rules.

Members who are Level 4 or Sail Certified may use the club boat(s) that they have been certified in by themselves and take out and supervise Level 1 or 2 sailors under the guidelines of our sailing safety rules.

Each club boat is to be used only as it has been officially set up by the Sail Committee. Each boat is to be rigged with the correct labeled parts. There will be no interchanging of parts without the explicit permission of the Sailing Chair. Each boat must be signed in and out, washed after use and all parts returned to the proper location. There is no reservation of club boats – they are available on a first come/ first served basis with the exception that priority is given to SailCom events. Club sailboats may not be used by guests unless explicit permission is given by the Sailing Chair and under the Sebago Canoe Club guest guidelines. If any maintenance is required, parts lost or broken, members are required to make a notation on the SailCom Boat check out sheet. No club sailboat may be removed from the club without the consent of the Sailing Chair and the Fleet Captain.

When using club boats it is each sailor’s responsibility to learn and practice good seamanship which includes being attentive to all conditions – the boat and its equipment, conditions on the water, boat traffic and the current and impending weather.

## SAILCOM LEVEL Descriptions

### **Level 1 Sailor**

All Sebago members are automatically considered Level 1 Sailors. This means that you may go out with a Sail Certified member in a club boat (two in a boat). If a member expresses an interest in sailing, if there are sailors able to schedule the time with the initiate, the following instruction and practice will be given to the member prior to requesting Level 2 status. The member must then demonstrate that information.

1. Knowledge/Demonstration of terminology, parts and rigging for the particular club boat:
  - What the parts of the boat are called
  - How to rig a particular boat
  - Where to find and how to identify the parts for a particular boat
  - How to get the boat out of storage and/or off its rack and return it to this location
2. Knowledge of "points of sail"
3. Knowledge/Demonstration of Sheet handling for each "points of sail"
4. Knowledge/Demonstration of Tiller/Rudder handling for each "points of sail" (this includes learning sheet and tiller hand exchange)
5. Knowledge/Demonstration of Leeboard/Dagger Board for each "points of sail"
6. Knowledge/Demonstration of Leaving and Returning to the dock
7. Knowledge/Demonstration of Safety issues particular to Jamaica Bay
  - Conditions for going out – at Level 1 or Level 2 no one goes out in club boats with a small craft advisory, winds must be no stronger than 15mph when a sailor launches for a Level 1 member to go out in a club boat.

Safety Equipment – all sailors must carry a paddle, be wearing a pfd, and for sailing canoes also carry a bailer and sponge.

Level 1 sailors must learn good practice for sailing in the Basin, entering and leaving the Basin to Jamaica Bay, landing on beaches, crossing the channels in Jamaica Bay

To advance to Level 2 a member must request assessment from the Sailing Chair and satisfactorily demonstrate items 1-7. The Sailing Chair has the right to keep any member at Level 1 status until he/she deems that member has shown competency.

### **Level 2 Sailor**

A Sebago member is a Level 2 Sailor once he/she has been certified as such by demonstrating all of the items listed in Level 1 to the Sailing Chair. A Level 2 Sailor may use the particular club sailboat that he/she is certified for while in the company of a Level 3/Certified Sailor in their boat. The Level 2 Sailor must then demonstrate the following items while sailing by themselves to be designated as a Level 3/Certified Sailor.

Demonstrate #1-7 listed above under Level 1 but solo.

To advance to Level 3 a member must request assessment from the Sailing Chair and satisfactorily demonstrate items 1-7. The Sailing Chair has the right to keep any member at Level 2 status until he/she deems that member has shown competency.

### **Level 3 Sailor**

A Sebago member who is a Level 3 Sailor may use the particular club boat that they have been certified for at any time as they are available. They must observe and demonstrate all procedures and follow the guidelines outlined above. We recommend that Level 3 Sailors sail in the company of another sailor with equal or better skill, or if sailing without the company of another, match your personal skills with the day's weather forecast. Remember it is each individual's responsibility to learn and be attentive to all conditions – the boat and it's equipment, conditions on the water, boat traffic and the current and impending weather.

### **Level 4 Sailor/Certified Sailor**

A Sebago member who is a Level 4/Certified Sailor may use club boats at any time as they are available and may also take club members out in boats (two in a boat) or accompany Level 2 or 3 sailors in club boats. They must observe and demonstrate all procedures and follow the guidelines outlined above and insure that all sailors under their supervision do the same.